



[A Leader's Life Purpose Workbook](#) [Calling and Destiny Discovery Tools for](#) [Christian Leaders](#)

By *Tony Stoltzfus*

★★★★★ (5 stars)

Reviewed by [Russ Rainey](#)

Buy this book if you:

- Want a thoroughly biblically-based treatment of the subject of life purpose and calling
- Are looking for a guide to discovering your own life purpose
- Need content to guide a discussion of life purpose with a peer or a life coach

Tony Stoltzfus introduces this workbook by stating that “calling is an external commission **from** God **for** the sake of others.” “Our purpose”, he says, “is woven into the fabric of God’s plan for all of creation.” This is what sets this book apart from the secular material on life purpose – a Christian’s destiny is not just about personal fulfillment, and it is much bigger than his personal desires – we’re talking eternal perspective here!

I like the fact that this is an exceptionally practical workbook. The theoretical concepts are presented succinctly and then each chapter is followed by numerous exercises plus bonus content meant to enable your reflection, journaling, and hopefully discussion of purpose with a peer or life coach. In fact, that is the best use of this book – do it with a partner who can help you process what you’re reading, reflecting on, and journaling. As a coach who regularly has conversations with others about life purpose, I can assure you that this content will help you go where God is leading you.

Stoltzfus deals with the subject of life purpose comprehensively and biblically. The workbook is divided into four parts driven by four ultimate questions:

- 1) Design – Who am I?
- 2) Passion – Why do I desire *this*?
- 3) Preparation – What has life prepared me for?
- 4) Calling – Where is the Master sending me?

What I think makes this material unique and especially insightful is the author's biblical view of the role of suffering in the development of purpose. Secular approaches to purpose ignore the role of suffering and have a definition of "success" that is inherently unbiblical.

Reading this workbook will surprise you if you have always thought about purpose as something God might only "reveal" to you in a mountain-top experience. [A Leader's Life Purpose Workbook](#) will help you realize that God has been developing a life message in you throughout your life and that He has predestined you to carry out a unique task with a particular audience for His glory creating a maximum impact on others. What a great thing to look forward to in life!

Summary

This workbook will help you discover your God-given life purpose. I highly recommend that you get the workbook, find a Christian life coach, begin your purpose discovery and be ready to be amazed at what God does through you.

Reviewed by:

Russ Rainey, Ph.D., Professional Coach & Counselor

Dr. Rainey specializes in coaching for life purpose and calling

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