

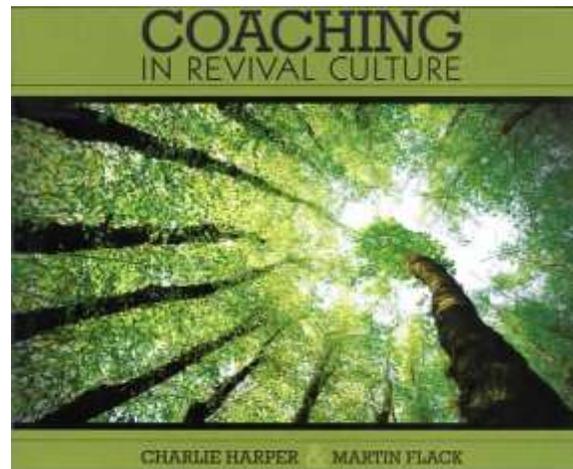
Coaching in Revival Culture CD/DVD

By Charlie Harper and Martin Flack

★★★★★ (5 stars)

Buy this CD if you:

- Are new to coaching and want an introduction to the basics of coaching.
- Want to refresh your practical understanding of the basics of coaching.



Buy the DVD if you:

- Want to utilize this material in a group presentation format.
- Prefer a visual media format.

Available in both CD and DVD format, this introductory course in coaching skills includes 10 hours of content. Suitable for personal growth, this course can also be taught as a two to three day seminar or as a once a week two hour class for five weeks. The source for much of the material and concepts taught in the course are based on my book, *Leadership Coaching* (available at www.coach22.com). *Leadership Coaching* is the required text for the seminar, and would be beneficial for those using the CD/DVD.

Speaking to an enthusiastic audience, Charlie and Martin share powerful perspectives and practical skills that will help leaders empower the people around them, in every area of life: work, ministry or personal. They have an excellent working relationship as presenters, a great chemistry with the audience, and the recordings are done with the standard of quality that Bethel Media is known for.

Martin and Charlie have taught this basic, practical and interactive course—combining teaching, demonstration, discussion and immediate practical application—for several years at the Bethel Church Supernatural School of Ministry in Redding, California.

What You'll Learn

The five part interactive classes introduce the key elements of coaching, including:

1. What is Coaching?
2. The Heart of a Coach/Setting S.M.A.R.T. goals.
3. Intuitive Listening Skills
4. Asking Powerful Questions

5. The Power of Encouragement and Facilitating Action.

Summary

This course is extremely practical in the application of the Coaching Skills. It is an interactive course with a large portion of time spent in discussion, demo and class practice times of the introduced techniques. Adults retain more when they receive skills and discuss application than simply by lecture alone. Therefore this course adheres to this interactive format.

Although my book, *Leadership Coaching*, is the required text for the workshop, it is not clear to the listener/viewer how the book connects with the workshop. A workbook would be a great addition to this series connecting the principles and reading assignments from the book to the practical application presented in the CD/DVD. Since a workbook is not currently available, I advise getting the book as a reference to reinforce what is demonstrated in the CD/DVD workshop.

The interactive demos are easy to follow on the CD format, although the DVD is beneficial so you can visually see a coach in action.

Reviewed by David Yeazell, Certified Life Coach and Org. Dev. Consultant