Five Fingers Exercise

Use this exercise in the Preparation and Releasing stages to develop yourself in your calling.

**Step 1: State the Mission**
Write down your calling or life mission as best you know it.

**Step 2: Identify the Five Fingers**
Envision yourself operating in what you believe will be your calling role. Think through what that role will entail. It might help to imagine what you’d do on an average day in that role. You don’t have to get this exactly right—just take your best shot based on what you know about your call. Once you have a picture of that future role in mind, jot down the top five general skills you will need to succeed at this role. Make a second list of the inner character qualities that will be most important. The two lists below provide some examples of qualities and competencies.

**Competence Examples**
- Networking
- A graduate degree
- Relational skills
- A certain type of job or life experience
- Language skills
- Cross-cultural communication
- Management skills
- Proven ability to start a business
- Public speaking
- Design or artistic skills
- Ability to make tough decisions
- Understanding a certain people group
- Delegation
- Organizing skills
- Self-management
- Mentoring/coaching
- Fundraising
- Recruiting

**Character Qualities**
- Merciful to the undeserving
- Humility
- Joyful
- Patience
- Peace in the midst of conflict and change
- Ability to wait on God’s timing
- Control of tongue
- Kind to all
- Self-disciplined
- Willing to see others get the glory
- Courageous
- Graceful under pressure
- Focused
- Principled
- Doing the right thing
- Secure
- Open to feedback
- Positive outlook

**Step 3: Evaluate Your Development**
On a scale of 1 to 10, rank where you feel you are in your development of these qualities. If a “10” is the level of competence you need to truly flourish in your destiny role, and a “1” is starting from scratch, where are you at now?

**Step 4: Make a Plan**
Take one or more of your top five and make a plan to develop yourself in that area. Your plan could include reading, formal training, going to school, volunteer positions that might give you practice, finding mentors you could draw from in a certain area, or even a career change.