



Leadership Coaching Live – 4 CD Set

By Tony Stoltzfus

★★★★★ (five stars)

Buy this CD if:

- You have the book **Leadership Coaching** and you want to hear the author teach the content and demonstrate the skills
- You want a powerful introduction to coaching before you sign up for an expensive coaching course
- You are already a trained coach and you want further skill development

As a professional coach and coach trainer, I am often asked where a person should start if they are interested in becoming a coach. My answer is this: “Don’t start by spending lots of money on coach training unless you have done your research and you are totally convinced that this is what you have been called to do.” But, my second response is, “However, do buy the book **Leadership Coaching** and get the companion CD set **Leadership Coaching Live** and spend one solid day with these resources before you do anything else.”

Not only are these two resources the best investment of your money, but they are also the best investment of your time – they are some of the best materials on the market. And, I believe that this holds true whether you are just investigating coaching or if you are a seasoned coach and you’re looking to sharpen your existing skills. You will be hard-pressed to find a more practical, Christ-centered approach to coaching anywhere.

This eight-session, four CD set contains four hours of teaching and demonstration that is directly related to the material in Stoltzfus’ book. Therefore, you read and listen and it’s like attending a one-day workshop on coach training. The author begins by demonstrating the difference between advice-giving and a coaching approach, and he then compares coaching to mentoring to clear up any confusion there. He then demonstrates and then debriefs on a real coaching session.

Stoltzfus shares how the coach approach to developing leaders fits with God’s purposes for the Church, and he discusses how leaders can learn, through coaching, how to set effective, measurable goals. And, the last three sessions alone are worth the small investment you’ll make for this CD set as they describe in very clear terms how great questions lead to personal discovery

and how those questions get people unstuck and moving forward toward their goals. The last session is focused specifically on helping your coaching clients crank up their motivation to act on the goals that are important to them.

Summary

Leadership Coaching Live plus the companion *Leadership Coaching* book are like basic training for a Christian coach. And, as in any sport, basic training happens again every year before the real game is played. Sharpen your skills with these resources and you will be ready for the real action of coaching the leaders that God called to Kingdom work.

Reviewed by:

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