

The Invitation

Transforming the Heart through Desire Fulfilled

★★★★★ (5 stars)

Review by Cindy Scott from [Bridges Coaching](#)

Buy this book if you:

- Want to learn to tools, models and processes for coaching the heart
- Want to see more transformation in your clients' lives
- Want to get two DVD's worth of free video demos along with it

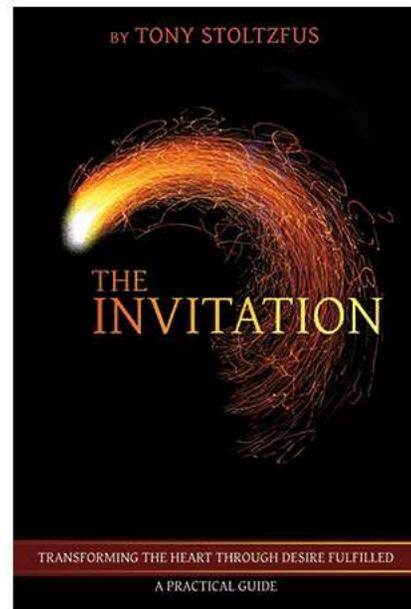
As a coach and coach trainer my heart's desire is to help people move forward. I can help them set goals and turn dreams into reality. But if there is a core desire not being met, all the successful action steps in the world are not going to satisfy what is missing on the inside. When we do *experience* God in our deepest desires it affects all of who we are as well as everything and everyone around us for the better.

Master Coach, and best-selling, author Tony Stoltzfus offers real life experiences through the Leadership Metaformation events he hosts and now also, as requested by participants like myself, through his book *The Invitation*. Tony works off the premise that information is great but it doesn't really change things unless we are able to apply it in our real lives. In *The Invitation*, Tony helps us see how God has been and is there for us now in our deepest desires. God wants us not only to know about Him, but to walk and talk with Him.

When I attended the *Transforming the Heart* event (where Tony teaches this material) I went open for change but mostly looking for tools to help others. It wasn't long before I realized it was a Divine set up! Tony helped me drill down to an unmet core desire I didn't even realize I had. I began to see it as a pattern in multiple areas of my life. He proposed I just talk to God about it. "Would that it was that simple...", I thought. But during that week I realized it really *was* that simple. *Transforming the Heart* was an amazing experience for me, and now Tony has made it available in book form.

You can read all about my story in the last chapter of *The Invitation*—and not only my story but many others are included. This book is chock full of real life examples of people being freed of things that had been holding them back their whole lives. The healing that comes through this method is much more than a possible technique for helping others, it's a lifestyle of connection and centering that changes your view of yourself and everything around you—past, present and future!

And BONUS – there are also roughly two dozen video links to watch Tony coach someone through the skills of recognizing and then filling a core desire! Watch a master coach help others with ease, and see the difference it makes to actively trust our Father God that He truly wants to be and is there for us all.



Summary

If you want to go deeper personally, get unstuck, and coach others to do the same this book is for you. The four hours of videos alone are worth way more than the cost of the book and they are just a bonus! Don't miss this life-changing, heart filling, hope giving opportunity for yourself and for those around you.