

## Dream Culture: Bringing Dreams to Life

by Andy & Janine Mason

★★★★★ (5 stars)

*Buy this book if you:*

- *Coach people around dreams and dream obstacles*
- *Want to build a leadership culture where people are empowered to dream*
- *Are looking for dream exercises to employ in your coaching*

*Dream Culture's* core message is bringing dreams to life. Often the greatest obstacle people have in pursuing their dreams is not realizing they have permission from God to do so. In this book, Andy and Janine take the reader on a journey of identifying what their life's dreams are, figuring out how to unlock them and making them a reality.

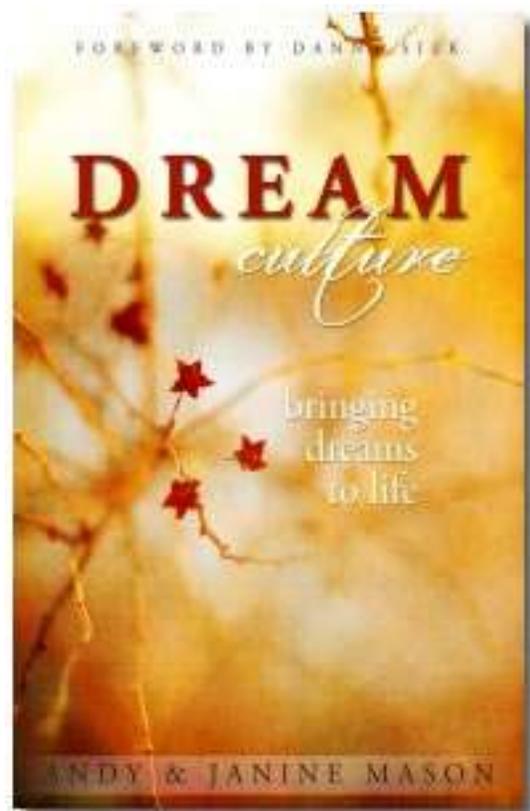
Focused on changing core beliefs, the book takes you step by step through the process of identifying beliefs and mindsets that do not reflect the heart of God for you and your life. Then, using coaching tools and skills the reader is taught to bring about the change they desire and lay the groundwork action steps that take you from realization to actualization.

Part of the way such change is brought about is the culture aspect of the book. In it the reader is taught not only how to change themselves, but how to create a community around them with an environment that empowers everyone to succeed in the fulfillment of their God-given purpose.

### What You'll Learn

Here's a list of the chapters with a short description of each:

1. **The Dream, The Invitation:** Explaining what is a dream culture and setting you up to succeed.
2. **What is a Dream?** The picture of the future you desire and its power over your actions



3. **Why Be a Dreamer?** Discovering what is your God given mandate and Heaven is waiting for life to be released around you. Also includes Dream Activator exercise.
4. **How Do I Discover My Dreams?** Reawakening the desire and ability to dream. Creating a Dream cache.
5. **Beliefs to Build a Dream On:** Creating a solid foundation in your thought life. Revealing what are Gods thoughts for you and his personal nature. Developing what are your core beliefs.
6. **Setting Yourself up to Succeed:** The daily thoughts and goals that set you up for success over the long run. Creating a Dream Partner and how to find one.
7. **Putting Legs on Your Dreams:** Concepts and basic coaching tools( S.M.A.R.T Goals, Coaching Funnel) to use with the Holy Spirit and Dream friend to make your dreams a reality.
8. **Faith and Action:** Walking out your dreams from the perspective of Heaven. Partnering with God and walking in faith.
9. **Are you Really Ready for This?** Examples of people walking out their dreams through the course of their lives.
10. **Overcoming Speed Bumps:** Dealing with past failed dreams and the effect it has on hope. Learning how to build support around yourself.
11. **Overcoming Mindsets:** The Servant Mindset, The Hamster Mindset and The Lottery Mindset, what they are and the truth of their foundation in your mind.
12. **Now Coach Yourself and Others:** The tools and mission to go make your dreams happen.

*Dream Culture* provides useful and relevant tools that help you to go out and pursue your dreams. Whether you are just now trying to discover your dreams and passions or after years of neglect are trying to rediscover what once brought you joy, *Dream Culture* is an incredible resource. Full of real-life stories and applications, *Dream Culture* walks with you hand in hand to discover not only what your dreams are but also what was stopping you from having them realized.

### **Summary**

With clear biblical context and teaching, the book takes you on a journey of discovering the heart of God for you and why he's in such a good mood. Regardless of where you are in life, this book is a must read for anyone who wishes to grow. One caution: once you start reading you will need to clear your schedule, because you will not want to put it down!

*Reviewed by Daniel McHarness*