

The Impact of Impartation

4.3

One way to learn more about impartation is to reflect on those who imparted something to you. This exercise will help you examine the contributions of significant people in your life, and what it was about who they were and what they did that made a difference in you.

Suggested Time:
30 min

Step 1: Choose a Significant Person

Pick one person who shaped your life in a significant way to examine. It can be a teacher who took interest in you, a ministry leader, a parent or other family member, a mentor at work, etc. Think of someone you respect and wanted to draw from.

Step 2: What Impacted You?

List three to five ways that person impacted you deeply. How are you a different person because you knew this individual? What did they impart that has always stuck with you? Where did you take on their values and attitudes as your own?

Step 3: Why Were You Drawn?

This question will help you examine what attracts disciples. *Why* did you want this person to influence you? What attracted you—what did you respect and want to draw from that you saw in this person's life? You may have seen that they could give you opportunities, or felt this person believed in you, or felt special and singled out.

Step 4: How Did They Do That?

This question will help you tune into the techniques of how to impart life to others. Let's look at how this person impacted you. Was it spending time with you, encouraging or affirming something in you, offering you opportunities, mentoring or coaching, or just being someone you looked up to? What avenues were used to impart something to you? And once you've identified it, make an application: how could you utilize this approach in your discipleship group?

Purpose:
Building desire
to impart by examin-
ing the impact of others'
investment in
your life.