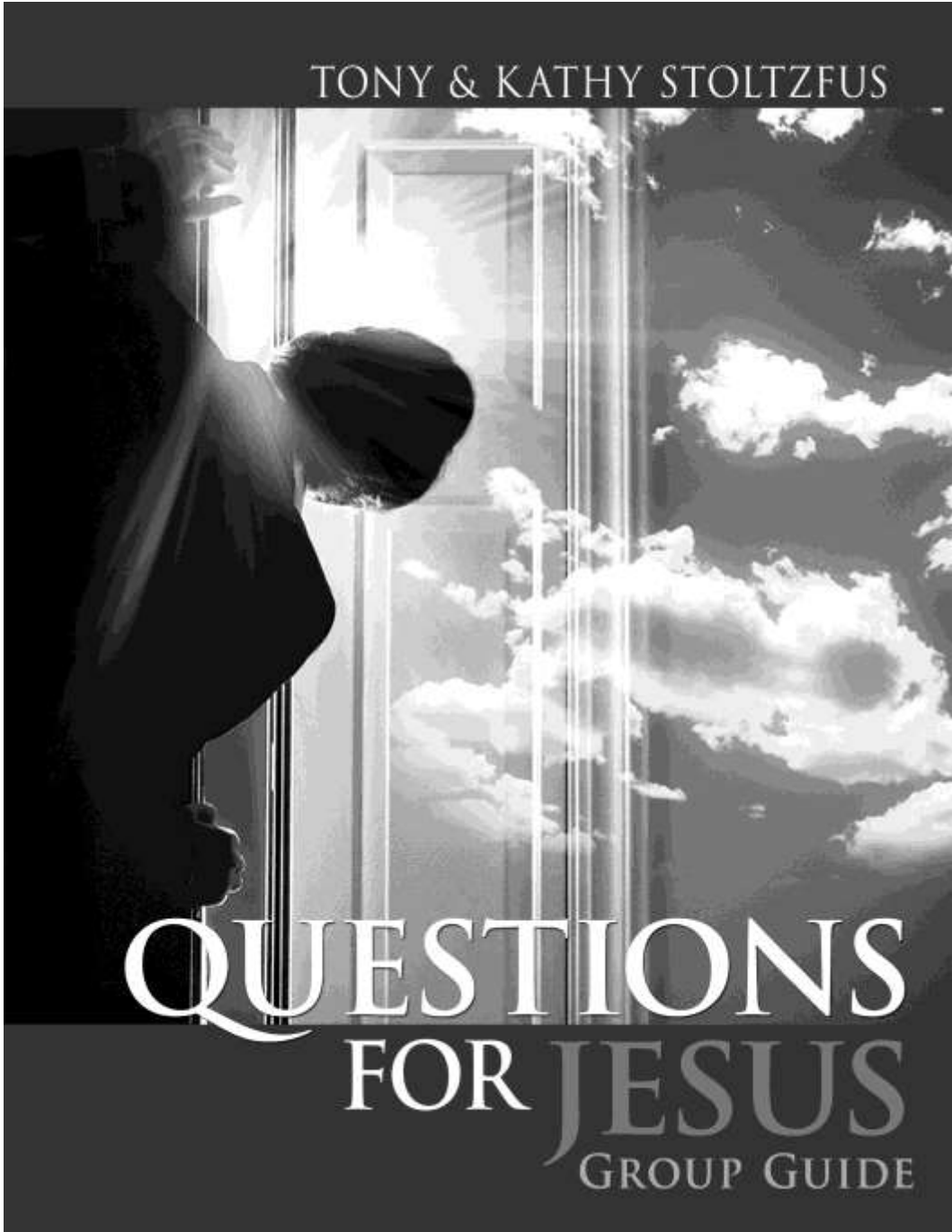


TONY & KATHY STOLTZFUS



QUESTIONS  
FOR JESUS  
GROUP GUIDE

Copyright © 2014 by Tony Stoltzfus and Kathy Stoltzfus

Published by Coach22 Bookstore LLC  
15618 Mule Mountain Parkway, Redding, CA. 96001  
www.Coach22.com

All Rights reserved. No part of this publication may be reproduced in any form without written permission from Tony Stoltzfus.

Cover Design by Tony Stoltzfus and Lorraine Box

Some of the anecdotal illustrations in this book are true to life, and are included with the permission of the persons involved. All other illustrations are composites where names and details have been changed. Any resemblance to persons living or dead is coincidental.

Unless otherwise identified, all Scripture quotations in this book are taken from *The New American Standard Bible*, Copyright © 1960, 1962, 1963, 1968, 1971, 1972, 1973, 1975, 1977, 1995 by The Lockman Foundation  
Used by permission.

Scripture quotations denoted “RSV” are taken from *The Revised Standard Version of the Bible*, copyright 1952 [2nd edition, 1971] by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

**Also by Tony Stoltzfus**

*Questions for Jesus: Conversational Prayer around Your Deepest Desires*

*Questions for Jesus DVD Set*

*Questions for Jesus Mobile App*

*Desire Discovery Cards*

*Desire Photo Cards*

*Leadership Coaching: The Disciplines, Skills and Heart of a Christian Coach*

*Coaching Questions: A Coach's Guide to Powerful Asking Skills*

*A Leader's Life Purpose Workbook*

*Christian Life Coaching Handbook*

*Peer Coach Training Facilitator's Guide*

*Peer Coach Training Workbook*

*The Calling Journey: Mapping the Stages of a Leader's Life Call*

To order copies of this book  
and other materials by Tony Stoltzfus, visit  
[www.Coach22.com](http://www.Coach22.com)  
or phone 877-427-1645

## Week 4: Drilling Down to Desire

[slide 28]

### Welcome (5 min)

[slide 29]

1. Welcome participants
2. If a participant is missing, have a teammate text them and ask what's up
3. Open with a desire prayer:
  - a. *“Jesus, if you were going to give me a gift that communicates how you feel about me right now, what would it be?”*
  - b. *Jot down what you heard*

### Testimony (10 min)

[slide 30]

Do the testimony exercise in your teams so everyone gets a chance to share:

- Share one thing Jesus said in response to your desire prayers this week that really touched your heart.
- Have your teammates give you feedback: Does that sound like Jesus?

### Input: Identifying Desire (12 min)

#### Activation: Drilling Down through Emotion to Desire (25 min)

[slide 31]

This game uses the *Desire Discovery Cards* to help people do what they saw in the demo: name an emotion and follow it to the underlying desire with help from a coach.

#### Step 1: Instructions

Have people spread out the *Emotion* and *Desire* cards on their table. Explain how to do Game #7—*Desires under Feelings* from the *Desire Discovery Card* instructions.

#### Step 2: Agenda

Have everyone think of a situation in the last few weeks where they felt strong emotion (step 1 of the exercise). Then choose one or more *Emotion* cards that describe those feelings.

#### Step 3: Activation

Pair up and take six minutes each to do the exercise. Have your teammate be the coach and ask you the desire question, “What does that give you?” until you can identify the core desire from the *Desire Discovery Cards*.

#### Step 4: Debrief the Exercise (5 min)

[slide 32]

- *How did the desire question work for you to get from emotion to desire?*
- *What did you learn about identifying desires?*

#### Step 5: Pray the Desire

[slide 33]

Take the desire you identified and pray it:

- *“Jesus, I long for \_\_\_\_ in this situation. What do you want to give me here for free?”*
- *Jot down what you heard*

### **Bible Study: What to Do with Desires (20 min)**

[slide 34]

You've identified a deep desire that is driving your behavior in a situation where you felt strong emotion—now what do you do with that information? We're going to look at James 4 for some answers.

#### **Step 1: Read the Passage**

Read James 4:1-4 aloud from the handout or PowerPoint. [Note: the bolded words on the handout and PowerPoint can all be translated, "desire".]

#### **Step 2: Study (10 min)**

[slide 35]

Discuss the following questions in your small groups:

- *What does James say is the fundamental source of conflict?*
- *What exactly are we to ask for that James believes is the solution to the problem of conflict? (Hint: what is this passage all about?)*
- *What does it mean in the context of this passage to "ask wrongly?" What is the wrong thing James doesn't want us to ask for?*
- *Apply this passage to the way you have prayed in the past. Where have you asked for desire itself, and when do you tend to ask for a thing instead of the desire?*

#### **Step 3: Desire Prayer**

[slide 36]

- *"Jesus, I haven't always asked the way I am supposed to. Which is more important to you: that I pray the right way or that I come to you even if I don't know what I am doing?"*
- *"Jesus, what do you want me to know about the simple act of coming to you?"*

#### **Step 4: Share (5 min)**

Share with your team in **one or two sentences** what Jesus said to you.

### **Assignment Week 4**

[slide 37]

Read pp. 48 – 49 on the "Types of Desire Prayers." Do the meditation on page 22, "Justice". Continue the pattern of doing one desire prayer and journaling on it each day. Be ready next week to share one thing Jesus revealed to you.

# Handout: Drilling Down to Desire

## Input: Identifying Desire (7 min)

Behavior comes from desire.



The heart is most easily accessed through the emotional brain.

### The Desire Questions:

- What does that give you?
- What do you fear if you didn't do that?

### Bible Study: James 4:1-4

*“What causes wars, and what causes fightings among you? Is it not your **passions** that are at war in your members? You **desire** and do not have; so you kill. And you **covet** and cannot obtain; so you fight and wage war. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, to spend it on your **passions**” (RSV).*

Discuss the following questions in your small groups:

- What does James say is the fundamental source of conflict?
- What exactly are we to ask for that James believes is the solution to the problem of conflict? (Hint: what is this passage all about?)
- What does it mean in the context of this passage to ‘ask wrongly’? What is the wrong thing James doesn’t want us to ask for?
- Apply this passage to the way you have prayed in the past. Where have you asked for desire itself, and when do you tend to ask for a thing instead of the desire?